

## ABSTRACT OF THE DISCLOSURE

A lighting box has a housing with an open front and open rear and a bar such as a standard schedule 40 pipe or 1 1/2" or 1 5/8" pipe extending horizontally across the housing. Multiple lights are mounted on the bar and positioned to send light out the front of the box. The box also has a diffusion element (frame) disposed proximate its front end, and even may have multiple elements including having one element at an angle. The element or elements receive the light from the lighting instruments and diffuse it to provide a soft projected light from the box. In accordance with one aspect of the invention, this light may be used to provide diffused light as part of the key lighting for a stage or set, and may provide such soft projected lighting from a front (downstage) of the stage or set. The box may also have a soft shell, may hang overhead, on a stand or by a rotatable yoke, and may have lights fixed therein. The box may also have a rear cover.